

Sharing our HEROES



Taps into: **The class's role models.**

Research links: **sharing and affirming core values.**

Paper and colored pencils. Flipchart papers (one or more, depending on how many children are in your class) and colored sticky notes..

Introduce the activity

Part 1. We all have people in our lives who we look up to, who inspire us, and sometimes help us choose our path in life. These people are called “role models”, meaning that they help us learn to “play” better certain roles in our lives. For instance, some of our heroes help us be better students or better friends.

Part 2. Today, we'll explore one of your heroes, who can be a person from your family, group of friends/colleagues/teachers or someone from movies/games/books/social media who inspires you.

Part 3. Then, we'll play a detective game, to see if one of your colleagues can guess who your hero is.

Part 4. You will take turns and do the whole detective thing with your colleague's hero.

Part 5. Now that each of you has talked about your hero and learnt about one of your colleague's heroes, it's time to share your detective work. Let's work in small groups and put on these colored sticky notes one or more inspiration ideas from your own hero. Work together, so that the inspiration ideas can be clear and helpful also for other kids like you.

Part 6. Now, let's put these pieces of inspiration on these big sheets of paper and make a nice poster together, by linking ideas and creating a story. You can use your colored pencils, more sticky notes, and be as creative as you want.

Do the activity

Part 1. Each of you received a piece of paper. First think about this: “Who is my hero? Who inspires me?”. We will call this the Hero Inspiration sheet.

Part 2. Write down or draw (whichever you like better), 3 things that inspire you when you think of your hero.

Part 3. After you finish, go to one of your colleagues, show them your Hero Inspiration sheet, and let them ask you more questions about your hero. This is important detective work, to find out who inspires your classmates. See if they can figure out who your hero is. When this is over, name your hero, on your Hero Inspiration sheet.

Part 4. Last, you take turns and do the same activity for your colleague’s Hero Inspiration sheet.

Part 5. Here are the sticky notes. You can take up to 10 minutes to work on this activity: Put on these colored sticky notes one or more inspiration ideas from your own hero. Work together with your colleague, so that the inspiration ideas can be clear and helpful also for other kids like you.

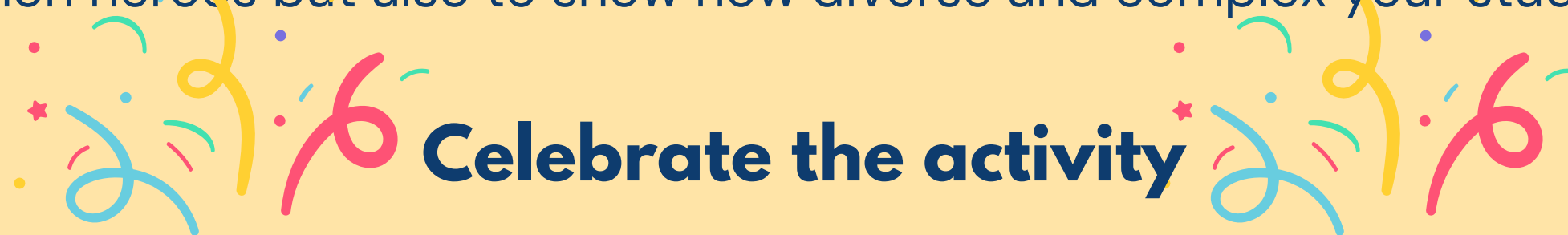
Part 6. Now it’s time to work together as a class. Let’s find the best place for the flipchart papers so that each of us can contribute and create a Story of Our Heroes.

Tips for teachers

Encourage students to take one or two minutes to think of a personal hero. If needed, you can give them additional prompts, like: What does your hero do for a living? Where have you met your hero (in real life or in the virtual world)? Why have you chosen this hero?

Frame the activity as cool detective work to find out interesting things about our class. You can use small tokens (candy, colored stickers) to praise students who get involved in the activity and even create small prizes for them, like the most creative, the most involved, and so on.

The Story of Our Heroes can be used to strengthen the identity of the class and to point out similarities among students’ role models. You can use it to celebrate common heroes but also to show how diverse and complex your students are.



You have learnt so much about each other, just by finding out more about your heroes.

Can your hero be an inspiration also for other classmates?

Is your hero someone you’ve met in real life, or people or even characters from the virtual world (games, books, social media and so on)?

The Story of Our Heroes is also the story of our class, of what brings us together and can inspire us as a group.