

This sticks TO ME



Taps into: Students' personal values.
Resources needed: **Sticky notes**. "What sticks to you" activity sheet (page 3 of this document). A flipchart sheet.

Introduce the activity

Part 1. We all have parts of who we are that matter a lot to us. These are our values, or parts of who we are that are at the core of us. Our core values stick to us even in the harshest contexts, like when we feel threatened or overwhelmed.

Part 2. When we talk about what we value most about ourselves, we get to better understand who we are. When we explain an important value for us (who we are/ who we want to become) to a classmate, they will understand us better and we can see how similar or different we are from each other.

Part 3. Reflecting on how people around us are similar to or different from us helps us become aware of how much diversity is in the world. Let's take a look at what you discovered about each other.

Part 4. Each of you will take WHAT STICKS TO YOU and put it on this flipchart sheet. First, just stick it to the sheet. Then, after carefully looking at all the values in the class, let's work in teams to come up with a strategy to organize the sheet around the idea WHAT STICKS TO OUR CLASSROOM?

Part 5. Let's work together on the poster WHAT STICKS TO OUR CLASSROOM.



Do the activity

Part 1. Each of you received one sticky note. On the sticky note, write down the answer to this:

“The one thing about me that I like to take everywhere is that it is important to me to be a _____ kid.”

Part 2. Pick a classmate to talk about what you value quite a bit about yourself. Use this activity sheet (“What sticks to you”) to help you talk about your value and then listen about your mate’s value.

Part 3. On the activity sheet, circle the information about your classmate that is new to you in green. Then circle in blue the information that is similar to who you are. What did you find out about each other?

Part 4. Put WHAT STICKS TO YOU on WHAT STICKS TO OUR CLASSROOM sheet.

Part 5. Let’s look and celebrate our class’s values. After we take them in, we’ll split in teams to create the outline of our class’s values roadmap. Each team will think of a poster headline and then together we’ll rearrange the WHAT STICKS TO YOU to create the roadmap poster WHAT STICKS TO OUR CLASSROOM.

Tips for teachers

You can use this prompt to help kids > Our values are what we aspire to become, not necessarily something that we do well in the present.

You can encourage students to pick a classmate who they do not know that well. You can create thematic groups who can work of specific aspects of the poster, like exploring similarities, exploring differences, exploring connections with others and the world (through values), exploring contexts that help our values, exploring contexts that block our values.

You can hang the WHAT STICKS TO OUR CLASSROOM poster in your classroom, to better define the identity of the class.



Celebrate the activity



Look at the values that STICK to each of your classmates. Are they like yours or are they different?

When you look at the poster WHAT STICKS TO OUR CLASSROOM, which are the stickies that make you the proudest?

Which are the stickies that you want to experience more while at school?
How could we work on this?

What sticks to you? Activity Sheet

"The one thing about me that I like to take everywhere is that it is important to me to be a _____ kid."

I want to be like this especially WITH
(people) _____

I want to be like this especially WHEN
(situations) _____

It is hard for me to be like this especially WITH
(people) _____

It is hard for me to be like this especially WHEN
(situations) _____

