



THIS STICKS TO ME!

Taps into: Students' personal values.
Resources needed: Sticky notes.

INTRODUCE THE ACTIVITY

We all have parts of who we are that matter a lot to us.



These are our values, or parts of who we are that are at the core of us. Our core values stick to us even in the harshest contexts, like when we feel threatened or overwhelmed.

DO THE ACTIVITY

Each of you received one sticky note. On the sticky note, write down the answer to this.

"The one thing about me that I like to take everywhere is that it is important to me to be a _____ kid."

CELEBRATE IT!

Look at the values that STICK to each of your classmates. Are they similar to yours or are they different?

TIP FOR TEACHERS

You can use this prompt to help kids > Our values are what we aspire to become, not necessarily something that we do well in the present.

